

# Need immediate care? SIMNSA coverage in the USA !



Hospital ER \$250 vs ANY Urgent care \$50  
Why wait? Average wait times:  
Hospital ER 4 hrs+ vs Urgent Care 30+60 minutes

## SIMNSA MEMBERS HAVE UNLIMITED URGENT CARE OPTIONS!

- ✓ ANYTIME
- ✓ ANYWHERE

GET ACCESS TO A WIDE NETWORK OF URGENT CARE PROVIDERS WHENEVER YOU NEED IT

## PREFERRED URGENT CARE LOCATIONS

### SAN DIEGO COUNTY



**San Ysidro Health**  
333 H Street, Suite 2080,  
Chula Vista, CA 91910  
(619) 662-4100  
Hours:  
8 am to 8 pm

**San Ysidro Health**  
Chula Vista Medical Plaza  
678 3<sup>rd</sup> Avenue  
Chula Vista, CA 91910  
(619) 662-4100  
Hours:  
Mon - Sat: 8 am to 8 pm  
Sundays: 8 am to 4 pm



### IMPERIAL COUNTY

**All Valley Urgent Care**  
2026 N Imperial Ave.  
El Centro, CA 92243  
Mon - fri: 12 pm to 10 pm  
Sat - Sun: 12 pm to 8 pm

### SAN DIEGO COUNTY



**EASTLAKE**  
2315 Otay Lakes Road  
Suite 306, Chula Vista, CA 91914  
Hours:  
Mon - Sat: 8 am to 8 pm  
Sundays: 8 am to 6 pm

**GROSSMONT**  
6136 Lake Murray Blvd.  
La Mesa, CA 91942  
Hours:  
Mon - Sat: 8 am to 8 pm  
Sundays: 8 am to 6 pm

**PACIFIC BEACH**  
4490 Fanel Street  
San Diego, CA 92109  
Hours:  
Mon - Sat: 9 am to 8 pm  
Sundays: 9 am to 6 pm

**UTC/UNIVERSITY CITY**  
4085 Governor Drive  
San Diego, CA 92122  
Hours: 9 am to 6 pm



**LOS ANGELES**  
16912 San Fernando Mission Blvd  
Granada Hills, CA 91344-4249  
Hours: 8 am to 8 pm  
Tel: (818) 488-6160

**MISSION VALLEY**  
8590 Rio San Diego  
Drive Suite 111  
San Diego, CA. 92108  
Hours: 8 am to 8 pm  
Tel: (619) 736-4600

**CHULA VISTA**  
760 Otay Lakes Road  
Chula Vista CA. 91910  
Hours: Friday-Sunday  
8 am to 8 pm  
Tel: (619) 821-2300

**SANTEE**  
10538 Mission Gorge Road.  
Suite 100  
Santee, CA. 92071  
Hours: 8 am to 8 pm  
Tel: (619) 456-0033

### SAN DIEGO COUNTY

**MIRA MESA**  
8260 Mira Mesa Blvd Suite A  
San Diego CA. 92126  
Hours: 8 am to 8 pm  
Tel: (858) 900-3550



**PALM DESERT**  
72630 Fred Waring Drive  
Palm Desert, CA 92260  
Tel: (760) 674-1923

### PALM SPRINGS

**INDIO**  
81930 Highway 111  
Indio, CA 92201  
Tel: (760) 676-9001

**PALM SPRINGS**  
100 S. Sunrise Way  
Palm Springs, CA 92262  
Tel: (760) 969-5999

**POINT LOMA**  
1740 Rosecrans Street  
San Diego, CA 92106-9773  
Hours: 8 am to 8 pm  
Tel: (619) 790-7800

**CLAIREMONT**  
5671 Balboa Ave  
San Diego, CA. 92111  
Hours: 8 am to 8 pm  
Tel: (858) 800-2880

**SIMNSA ID required for urgent care attention**  
**Presentar Tarjeta de SIMNSA para atención de urgencias**

## Contact us today !

2088 Otay Lakes Rd #102  
Chula Vista, CA 91913

Ave. Paseo Tijuana #406  
Edificio SIMNSA, Tijuana, B.C.

www.simnsa.com  
USA: (619) 407 4082  
MEX (664) 231 47 47



CENTRAL DE ENFERMERÍA

- No copay for SIMNSA Members  
- Sin Copagos para Miembros SIMNSA

- Experienced nurses & support staff  
- Enfermeros experimentados y personal de apoyo
- No wait time  
- Sin tiempo de espera
- 24 hour Service  
- Servicio las 24 Hrs
- Pediatrics E.R.  
- Emergencia Pediátrica
- Personalized care  
- Atención Personalizada
- Labor & Delivery Unit  
- Unidad de Laberinto y Entrega
- Laboratory & X-Ray on Campus  
- Laboratorio y rayos X
- First Exit from the Border  
- Primera salida de la frontera

Nuestro servicio de Urgencias cuenta con la mejor atención inmediata y rápida respuesta. Contamos con equipos especializados certificados de vanguardia. Así como profesionales altamente capacitados en cuidados críticos con disponibilidad 24/7 para tu seguridad. Todo bajo los protocolos de emergencia y trato humanizado para brindarte una atención integral y de calidad.

*Our emergency services offer the best immediate attention. We have cutting-edge certified specialized equipment, as well as highly trained professionals in critical care with 24/7 availability for your safety. All emergency care is conducted with high quality protocols and culturally sensitive treatment to provide you with comprehensive care.*

Emergencias hospitalarias \$250  
frente a CUALQUIER atención de urgencia \$50  
Emergencias hospitalarias 4 horas  
o más frente a atención de urgencia 30-60 minutos

